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Drop the ball : expect less from yourself,  
get more from him, and flourish at work  
and life. [Tiffany Dufu; Gloria Steinem] --

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An inspirational and insightful guide for women who want to get it all by doing less.

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from others - enabling them to flourish  
at work and develop deeper, more  
meaningful relationships at home.

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themselves and more from others -  
enabling them to flourish at work and  
develop deeper, more meaningful  
relationships at home.

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For women, a glass ceiling at work is not  
the only barrier to success - it's also the

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increasing number of obligations they face once they leave the office. Women have become accustomed to delegating, advocating and negotiating for themselves in the workplace, but when it comes to managing home life

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Offering new perspective on why the women's leadership movement has stalled, and packed with actionable advice, Tiffany Dufu's *Drop the Ball* urges women to embrace imperfection, to expect less of themselves and more from others—only then can they focus on what they truly care about, devote the necessary energy to achieving their

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Testicles, also called testes or balls, are oval-shaped organs that sit in a sac that hangs behind the penis.. The main job of testicles is to make and store sperm and produce testosterone. Testosterone is the

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male hormone that's responsible for the changes that occur during puberty.

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Dufu is urging women to challenge  
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